



MARLOWE MD & MARRIS MD

ENT + AESTHETICS

1540 NON-ABLATIVE LASER POST-TREATMENT INSTRUCTIONS

- Application of cool gel packs and appropriate topical creams immediately following treatment can help alleviate post treatment itchiness and stinging that may occur.
- Edema, and sometimes blanching, is expected immediately post-treatment and generally resolves within 24-48 hours. It may last up to 3-5 days in some clients.
- Those being treated may experience significant redness, broken capillaries and bronzing in the treatment area for approximately 1-3 days after treatment. This may persist in a mild form for several weeks particularly in areas other than the face.
- Following a more aggressive treatment, it may be helpful to use some occlusive ointment on the skin after treatment during the healing process to help minimize trans-epidermal water loss which may result in significant desquamation or crusting.
- To help remove debris and bronzing of skin that can appear 1 to 4 days after treatment, soak treated areas for 5 – 15 minutes with gauze or wash cloth wet with water, then gently remove debris. Do not pick at or scrub the treated areas.
- Gentle cleansing and use of non-irritating cosmetics are permitted after treatment. It is suggested that retinoids be discontinued 1-2 weeks prior to the initial treatment and throughout the course of treatment. The use of retinoids during the treatment course may result in undesirable side effects and prolonged healing.
- Those prone to acne outbreaks should avoid heavy make-up or moisturizers for 24 hours post treatment.
- As healing occurs, clients should avoid injury and sun exposure for at least two weeks following treatments. It is highly recommended that clients use a sunscreen with SPF 45 or higher containing UVA/UVB protection between treatments, along with a sun blocker such as zinc oxide or titanium dioxide.
- Those being treated should continue to use SPF 45 or higher up to 6 months following final treatment whenever they are outside.
- Once the treatment area has healed, some itching or dryness may occur. This will gradually clear. The use of non-irritating moisturizers may provide some relief.
- Advise the person being treated to contact the treatment provider if there are any issues or concerns following the treatment.
- NOTE: After treating striae (stretch marks) with the 1540 Laser Handpiece, it is recommended to avoid tight-fitting clothes around the treated areas for three (3) months after the last laser treatment.